

Beatitudes



Sermon on the Mount
Matthew 5: 1 - 12

Blessed are the poor in spirit, for theirs is the kingdom of heaven

- Poor in spirit means:
 - Knowing that we need God in all things
 - Knowing that God is above all and that we are sinners
 - To be humble and not full of pride
 - Being meek - not trying to get one's own way
 - Being gentle
 - Not boastful of your accomplishments or your talents

Blessed are those who mourn, for they shall be comforted

- Mourning means:
 - Enduring or suffering through all the evil in the world
 - Regretting the sins we commit
 - Not wanting others to suffer
 - Consoling those going through a hard time
 - Allow someone their full range of emotions - they can be sad, happy, afraid, etc.

Blessed are the meek, for they shall inherit the earth.

- Being meek means:
 - Doing the will of God
 - Self-control
 - Not reacting negatively in the face of adversity

Blessed are they who hunger and thirst for righteousness, for they shall be satisfied.

- To hunger and thirst means:
 - To want justice
 - To try to live virtuously
 - To try to live a holy life

Blessed are the merciful, for they shall obtain mercy

- To be merciful means:
 - To be loving towards others
 - To be forgiving (trespasses in "Our Father")
 - Pray for others
 - Help the poor get the basic needs of life
 - » Food, clothing, shelter
 - Visit a sick or elderly person

Blessed are the pure of heart, for they shall see God.

- Being pure of heart means:
 - To not be self-seeking or full of selfish desires
 - To do something for another without hope for repayment
 - To want the best for others

Blessed are the peacemakers, for they shall be called children of God.

- Peacemakers:
 - Try to bring about a just world
 - Speak to the one with no friends
 - Do God's work

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

- Those who are persecuted:
 - Continue to follow Christ/God even while being made fun of by others for:
 - » going to Church,
 - » wearing a cross,
 - » being nice to others,
 - » participating in social justice events etc.
 - Willing to die for their beliefs

Works cited

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