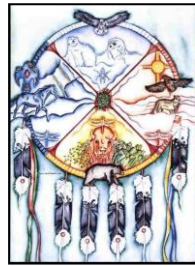


Name: _____

Medicine Wheel Assignment



The Medicine Wheel

Each quarter must be a different colour - red, white, black, and yellow - representing the four races. Each circle must get bigger as you go farther out. Each quadrant is broken into 4 sections that are outlined below. This project represents you, so each medicine wheel will be unique.

Outer Circle - The Four Elements: Earth, Air, Fire, and Water

These are the four elements that believe make up the natural world we live in. They also hold associations for each of us that are perhaps more spiritual in nature. In each quadrant, use four words to describe each element, using a combination of natural and spiritual associations.

Ex: Earth - solid, dependable, like to garden, enjoy four-wheeling

Second Circle - The Seasons: Winter, Spring, Summer, and Fall

For each of the seasons, draw a minimum of four things you like to do during each season

Third Circle - Mental, Physical, Emotional, and Spiritual

These are the four elements that make up the person. Our whole person resides within these four realms. Initially, use words as your descriptors about yourself and identify at least four for each quarter. Then draw a representation of each on your Medicine Wheel. For example:

Mind - like to learn about history, enjoy crossword puzzles, learning about motorcycles

Heart - very self confident, enjoy music/art

body - play basketball, eat properly

Spirit - could be a defined/organized religion, or simply how you center/focus yourself.

Fourth Circle - Stages of Life: Birth, Teenage, Adult, and Elder

Draw at least four images to capture the following themes:

Birth - include interesting facts about your early years, as well as lessons you learned/were taught

Teenage - most important things in your life right now

Adulthood - where you see yourself in 10-20 years

Elder - what things do you hope to be proud of as you look back through your life

Written Aspect

In well-written paragraphs of 5 - 10 sentences each, one per quadrant, explain what each quadrant reveals about you. Use formal English.

Was this a spiritual process for you? Explain. (Spirituality means a quest for finding sacred meaning to your life; a time of reflection)

Medicine Wheel Assignment

Name: _____

	Level Four	Level Three	Level Two	Level One	Below Level
Appearance	Shows outstanding craftsmanship, with clear attention to detail. Artwork is evidence of best effort	Shows good craftsmanship, with considerable attention to detail. Artwork is good	Shows fair craftsmanship, with some attention to detail. Artwork needs more effort	Shows poor craftsmanship, with limited attention to detail. Artwork is limited	No craftsmanship No artwork
Creativity	Demonstrates exceptional original personal expression, creativity and originality	Demonstrates a good amount of personal expression, creativity and originality	Demonstrates an average amount of personal expression, creativity and originality	Demonstrates limited personal expression, creativity and originality	No personal expression, creativity and originality
Content	Carefully planned. Demonstrates excellent understanding of the Medicine Wheel	Carefully planned. Understanding of most concepts and instructions is demonstrated. Shows considerable understanding of the Medicine Wheel	Adequately planned. Understanding of some concepts and instructions is demonstrated. Shows some understanding of the Medicine Wheel	Limited planning. Understanding of few concepts and instructions is demonstrated. Unclear in thinking and limited understanding of the Medicine Wheel	No planning No concepts No understanding
Explanation	All components of Medicine Wheel are explained within write-up No questions left unanswered	Most components of Medicine Wheel are explained within write-up Few questions left unanswered	Many components of Medicine Wheel are explained within write-up Several questions left unanswered	Most components of Medicine Wheel are not explained More explanation is needed	No write-up
Life skills	Handed in on time Name on everything Original rubric	Handed in on time Name on most items A rubric	One day late Name on some items A rubric	2 - 3 days late Name on one item No rubric	A week or more late No name No rubric

Medicine Wheel Assignment

Name: _____